

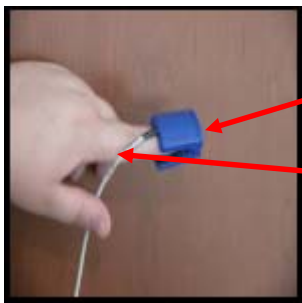


**In order to obtain the most accurate Home Sleep Test
Please follow the following steps**



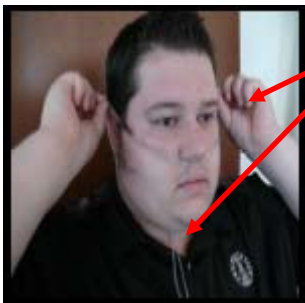
Unpack device from shipping box
Fill out entire enclosed paperwork
Go to sleep at your normal time

Turn on Apnealink device



Put Oximeter on Left or Right index finger

- Make sure red light illuminates on finger
- If no red light is seen make, sure Apnea Link is turned on.
- Make sure connection from finger all the way to Apnelink is secure
- Put a band aid around the wire of the Oximeter



Put Nasal Cannula in nose

- Make sure curved tips are facing downward
- Pull tubes around each ear
- Pull choker up snug below chin



Put Chest Belt around chest

- Position belt at an area below nipples and above naval
- Pull Velcro straps tight enough so straps are tight

Sleep at least 4 hours with device

- If you don't think you wore device for that long please wear device one more night and wear as long as possible

In morning mail device back to VirtuOx

